



**IO SONO
FRIULI
VENEZIA
GIULIA**



Sport L ▲ N D

OPAA CUP 2025

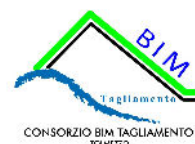
ORIENTEERING PARK ALPE ADRIA

WORLD RANKING EVENT MTB-O 2025

3rd ITALIAN CUP MtbO SPRINT - WRE

ITALIAN MTBO MIDDLE CHAMPIONSHIP -

4th ITALIAN CUP MTBO MIDDLE - WRE





GEMONA DEL FRIULI – MAJANO

SAN DANIELE DEL FRIULI (UD)

BULLETIN 3

Saturday 5 April 2025 – 3rd ITALIAN MTBO SPRINT CUP - WRE

Sunday 6 April 2025 – ITALIAN MTBO MIDDLE CHAMPIONSHIP - 4th ITALIAN CUP - WRE

ORGANIZING COMPANY

ASD Team Sky Friul
Armentaressa Street, n°4
33013 Gemona del Friuli (Ud) – Italia
e-mail: teamskyfriul@gmail.com
+39 349 7736022
www.teamskyfriul.com

EMBARGATED AREAS

At the following link you can see the map with the embargoed areas:

<https://www.google.com/maps/d/u/0/edit?mid=1XJQFwyTsidTwSjaeAXF1uMY63X3TW30&usp=sharing>

The areas marked on the map are embargoed for all orienteering activities unless specifically permitted by the organization. Embargoed areas are off-limits to all potential participants and team members, including competitors, team leaders, coaches, doctors, chaperones and anyone else with a potential connection to a team. This means that all potential participants and team members are not allowed to visit these areas with or without a map, regardless of whether it is an orienteering activity or a training session, a dog walk or a leisurely stroll.





3rd ITALIAN CUP MTBO SPRINT - WRE

PROGRAM

SATURDAY 5 April – Gemona del Friuli (UD)

Opening of the secretariat: 1.30 pm

First departure: 3.00 pm

Awards: 6.00 pm

Pasta Party: from 6.30 pm

ORGANIZING COMMITTEE

Technical Delegate: Giuseppe Simoni

IOF Event Adviser: Giuseppe Simoni

Race Director: Paolo Di Bert

Tracker: Maurizio Todeschini

Controller: Ivan Serafini – Marzia Gubiani

MEETING POINT, PARKING and OFFICE

At Bar Ai Priori – Gemona del Friuli (UD) ITALY

Via Cjamparis, 110

46.297502°N 13.119621°E

RACE MAP

Venzone – MTBO

1:5.000 scale for all categories, A3+ format – A4+ format for MW12/ESO only.

Equidistance 5 m – Approval no. 1366

Realization 2024

CATEGORIES AND DISTANCES 3RD RACE ITALIAN CUP MTB-O SPRINT

Competitive categories: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W B, M/W40, M/W50, M/W60, M70. **Non-competitive categories:** White, Red, E-bike. **Playful category:** Beginners

	DISTANCE	D +	LANTERNS		DISTANCE	D +	LANTERNS
M12	3,2 km	30 m	15	W12	3,2 km	30 m	15
M14	5 km	65 m	15	W14	5 km	65 m	15
M17	7,3 km	125 m	22	W17	5,6 km	75 m	17



	DISTANCE	D +	LANTERNS		DISTANCE	D +	LANTERNS
M20	7,3 km	125 m	22	W20	5,6 km	75 m	17
M40	7,3 km	125 m	22	W40	6,5 km	100 m	20
M50	6,5 km	100 m	20	W50	5 km	65 m	15
M60	5,6 km	75 m	17	W60	5 km	65 m	15
M70	5 km	65 m	15	W Elite	7,3 km	125 m	22
M Elite	7,9 km	140 m	26	E-Bike	5,6 km	75 m	17
MB	6,5 km	100 m	20	WB	5,6 km	75 m	17
ESO/white	3,2 km	30 m	15	Red	5,6 km	75 m	17

BIBS

In the race envelopes and are valid for both races.

They must be returned at the end of the race on Sunday

START

The start is 2.8 km away for 40 D+ following the fuchsia ribbons.

IT IS NOT ALLOWED TO LEAVE THE MARKED COURSE, PENALTY OF DISQUALIFICATION.

Municipal roads open to traffic, respect for the highway code and a little attention to the younger categories are required.

For all categories the start is individual according to the times indicated on the grid.

The call will be made at -3 minutes and the delivery of the map at minute -1.

The competitor is responsible for checking the correctness of the map collected or given to him, verification to be carried out by checking the category printed on the map together with the race route.

The actual start is marked on the map with the triangle - it is about 50 meters from the delivery of the race card and the start of the time

COLLECTION OF MAPS

At the finish line, maps will be collected until the last competitor has left.





MAXIMUM TIME

The maximum time to complete the race is 1h 30' and in any case not less than twice the time of the category winner.

REFRESHMENTS

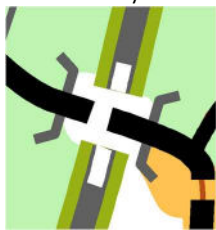
A post-race refreshment with water and tea is planned. To limit the amount of waste and the use of disposable cups, bring your own water bottle.

RACE TERRAIN

The race will be 80% gravel, 20% asphalt; possible crossing of a stream ford with little water or dry; wooded areas, city parks and residential areas.

CARTOGRAPHIC NOTES

There will be underpasses to the railway in the race, for greater readability they will be represented in this way:



Situations like the following will be considered as an “indistinct junction” and it will be possible to switch from one path to the other if the gap is less than 1 mm (as per ISMTBOM 2022 regulation):



GPS EQUIPMENT

Some athletes chosen by the c.o. will be provided with a GPS device to keep for the entire duration of the race and to return to the secretariat when downloading data.

AWARDS

The first three of all competitive categories, the first of the M/W B categories, the first 3 of the non-competitive categories will be awarded.





ITALIAN MTBO MIDDLE CHAMPIONSHIP

4th ITALIAN CUP MTBO MIDDLE - WRE

PROGRAM

SUNDAY 6 April – Susans di Majano (UD)

Opening of the secretariat: 9.00

First departure: 10.00

Awards: 13.00

Pasta Party: from 12.00

ORGANIZING COMMITTEE

Technical Delegate: Giuseppe Simoni

IOF Event Adviser: Giuseppe Simoni

Race Director: Paolo Di Bert

Tracker: Maurizio Todeschini

Controller: Clizia Zambiasi - Ivan Serafini

MEETING POINT, PARKING and OFFICE

At the multipurpose parish structure – Susans di Majano (UD) ITALY

Via Borgo Chiesa

46.195009°N 13.047797°E

RACE MAP

Susans/Lago di Ragogna – MTBO

Scale 1:10,000 for all categories, printed on A3 size anti-pulp support.

Front Back for categories ME, WE, M20, M17, M40 printed on water-resistant support (Teslin), the second part of the map will start from the Change point (map flip) of the card: the two maps will be printed on the same sheet.

Equidistance 5 m – Approval no. 917

Realization 2023

LENGTHS

Lengths may vary slightly.



CATEGORIES AND DISTANCES ITALIAN MTBO MIDDLE CHAMPIONSHIP

Competitive categories: M/W 12, M/W14, M/W17, M/W20, M/W ELITE, M/W B, M/W40, M/W50, M/W60, M70. **Non-competitive categories:** White, Red, E-bike. **Playful category:** Beginners

	DISTANCE	D +	LANTERNS		DISTANCE	D +	LANTERNS
M12	3,8 km	50 m	9	W12	3,8 km	50 m	9
M14	7,2 km	100 m	11	W14	7,2 km	100 m	11
M17	13,6 km	270 m	15	W17	9,0 km	150 m	11
M20	13,6 km	270 m	15	W20	9,0 km	150 m	11
M40	13,6 km	270 m	15	W40	12 km	200 m	14
M50	12 km	200 m	14	W50	7,2 km	100 m	11
M60	9,0 km	150 m	11	W60	7,2 km	100 m	11
M70	7,2 km	100 m	11	W Elite	15,5 km	300 m	16
M Elite	18,8 km	380 m	20	E-Bike	9,0 km	150 m	11
MB	12 km	200 m	14	WB	9,0 km	150 m	11
ESO/Whit	3,8 km	50 m	9	Red	9,0 km	150 m	11

BIBS

In the race envelopes and are valid for both races.
They must be returned at the end of the race on Sunday

START

The start is 0.6 km away following the fuchsia ribbons.
Municipal roads open to traffic, respect for the highway code and a little attention to the younger categories are required.
For all categories the start is individual according to the times indicated on the grid.





The call will be made at -3 minutes and the delivery of the map at minute -1.

The competitor is responsible for checking the accuracy of the map collected or given to him, verification to be carried out by checking the category printed on the map together with the race route.

The actual start is marked on the map with the triangle - it is about 100 meters from the delivery of the race map and the start of the time.

COLLECTION OF MAPS

Upon arrival the maps will be collected until the departure of the last competitor.

MAXIMUM TIME

The maximum time to complete the race is 2 hours and, in any case, not less than twice the time of the winner of the category.

REFRESHMENTS

A post-race refreshment with water and tea is planned. To limit the amount of waste and the use of disposable cups, bring your own water bottle.

RACE TERRAIN

The race will be developed for 80% on farm roads and clay soil, 20% asphalt; wooded and agricultural area, residential areas.

GPS EQUIPMENT

Some athletes chosen by the c.o. will be provided with a GPS device to keep for the entire duration of the race and to return to the secretariat when downloading data.

LIST OF ATHLETES

Fabiano Bettega	Marco Turcutto	Iris Aurora Pecorari	Laura Scaravonati
Luca Dallavalle	Rado Kalc	Debora Dalfollo	Matteo Traversi Montani
Riccardo Rossetto		Chiara Magni	Pietro Fava
Michele Traversi Montani		Sofia Dainese	Michael Wild
Piero Turra		Stella Varotti	Domenico Armanini

AWARDS

The first three of all competitive categories, the first of the M/W B categories, and the first 3 of the non-competitive categories will be awarded.





GENERAL INFORMATION

CATEGORIES

Competitive categories:

M/W 12, M/W 14, M/W 17, M/W 20, M/W Elite, M/W B, M/W 40, M/W 50, M/W 60, M 70

Non-competitive categories:

COLORS, E-BIKE

Recreational category: Beginners

BEGINNERS

REGISTRATION FEE

The registration fee is €7.00 for the categories Beginners, White, M/W 12, M/W 14, M/W 17

The registration fee is €12.00 for all other categories.

REGISTRATION METHOD

Through the FISO website.

Through the Orienteeringonline website (<https://www.orienteeingonline.net/Default.aspx>)

Through the IOF event website

Through an e-mail to teamskyfriul@gmail.com and entering the following data: surname, name, year of birth, athlete nationality, club nationality, category in which you wish to participate.

Registrations must reach the undersigned by March 31, 2025.

PAYMENT METHODS

By bank transfer to ASD TEAM SKY FRIUL

IBAN: IT64B0863164190072000011755 – BIC: CCRTIT2TTER – Banca 360 FVG, San Daniele del Friuli (UD) branch.

Reason: OPAA MTBO – Company.... (a single payment per company is preferable).

To facilitate the secretarial phases, please forward the payment slip by email to teamskyfriul@gmail.com or present it when collecting company envelopes.

PUNCHING SYSTEM

The Sportident system with Air+ active will be used. The classic punching can also be used.

If the participant does not have a SI-Card of his own, one will be assigned to him by the organization at a cost of € 2.00 for the rental, as a guarantee of the return, the delivery of the identity card of the person requesting it will be required. The rented SI-Cards must be returned at the end of the race to the secretariat.

In case of loss the cost is 40 euros.

REGULATION

- The race is open to individual athletes.

- The race is a mandatory sequence.



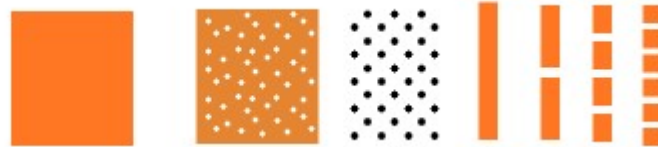


FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO

Comitato Regionale Friuli Venezia Giulia



- The use of a helmet is mandatory. Anyone who is not wearing it correctly fastened at the start will not be allowed to start.
- It is mandatory to have the bib clearly visible on the bicycle.
- The roads will be open to traffic, compliance with the Highway Code is mandatory, **there will be NO personnel to monitor some intersections or crossings**, pay maximum attention.
- The racecourse allows high speeds, please respect people who are not involved in the race and who will be in the area.
- Depending on the route choices, it will be possible to cross other competitors, keep to the right in the direction of travel and proceed at an appropriate speed, paying maximum attention in points with reduced visibility.
- It is absolutely forbidden, under penalty of disqualification, to tamper with signposts, control points, electronic devices and any other signal placed along the route.
- **IT IS NOT ALLOWED TO EXIT ROADS AND PATHS MARKED ON THE MAP! Transit is permitted only in the sections marked with the appropriate symbols (824.000, 825.000, 826.00, 827.000->830.000) (see example).**



- It is mandatory to respect the highway code and private property.
- For anything not covered in this regulation, reference is made to: "IOF MTB Orienteering Rules 2025 WRE" - FISO Technical Regulations - Regulations of the Regional Committee Fiso FVG and to common civic sense.

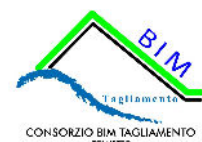
The organization declines all responsibility for damage to property or persons that occurred before, during and after the event.

COMPOSITION OF THE JURY

Mario Ruggiero (Nirvana Verde)
Eddy Sandri (GRONLAIT OR. TEAM)
Marko Dudić (OK Slovenj Gradec)

Substitutes:

Renato Bettin (OR. SWALLOWS NOALE)
Andrea Visioli (Eridano Adventure)





FEDERAZIONE ITALIANA SPORT ORIENTAMENTO

Comitato Regionale Friuli Venezia Giulia



RECEPTIVITY

<https://www.turismofvg.it/it/97855/i-a-t-gemona-del-friuli>

<http://www.visitgemona.com/>

Team Sky Friuli wishes all participants a lot of fun!

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