



SCI ALPINISTICA DEL MONTECANIN

CAMPIONATO REGIONALE A SQUADRE

Sella Nevea (UD) 13/04/2024

ORGANIZATION

ASD Team Sky Friul

Organizing committee

Race Director - Serafini Ivan

Route director - Rizzotti Ennio

Competition Judge- Bettega Fabrizio

Assistant judge - Sostizzo Boris

Doctor - Cereatti Roberto

Ambulance service - CVS



PLAN

Friday 12 April

Delivery of leg loops and race packs from 5.00 pm to 7.30 pm at the multifunctional Technical briefing at Hotel Canin from 8.00 pm to 8.30 pm

Saturday 13 April

Delivery of leg straps and race packs from 7.30am to 9.00am

ARTVA control and entry to the starting grid from 9.40am

Technical briefing on the track before the start

Line start for the team race 10.00am

Line start for the individual race 10am ,15

Pasta Party at the multifunctional from 12.30pm

Awards ceremony at the multifunctional at 3.00pm



MANDATORY MATERIALS

AS PER FISI REGULATION + via ferrata kit and harness

crampons required

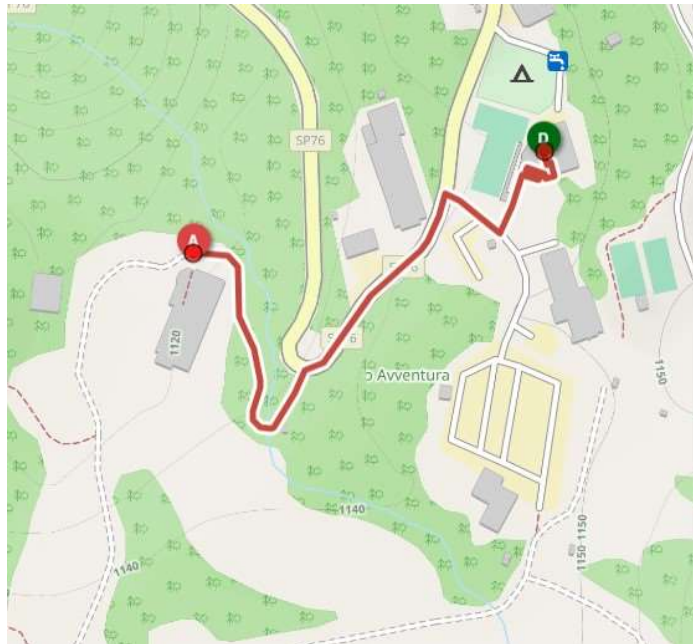
IN CASE OF WITHDRAWAL

INFORM THE NEAREST CHECK POINT AND DESCENT TOWARDS THE GILBERTI REFUGE, always contact the nearest rescue personnel located along the route



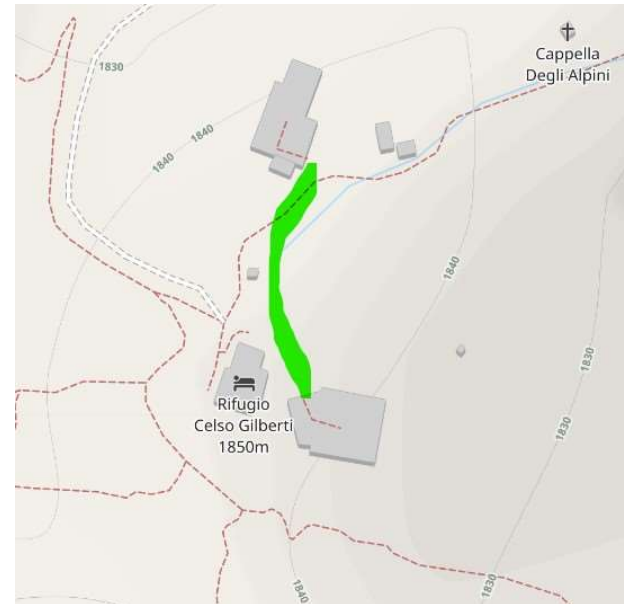
Ski lifts to the starting area

- ▶ To get to the starting area, reach the valley station of the ski lift and use it (return ticket in the race package) up to the Gilberti refuge.
- ▶ Deliver backpacks for changing clothes at the Funifor station located 50 meters from the Gilberti refuge



Funifor area - backpack delivery

- ▶ Funifor ski lift 100 meters from the exit of the Canin cable car
- ▶ Delivery of backpacks for changing clothes after the race



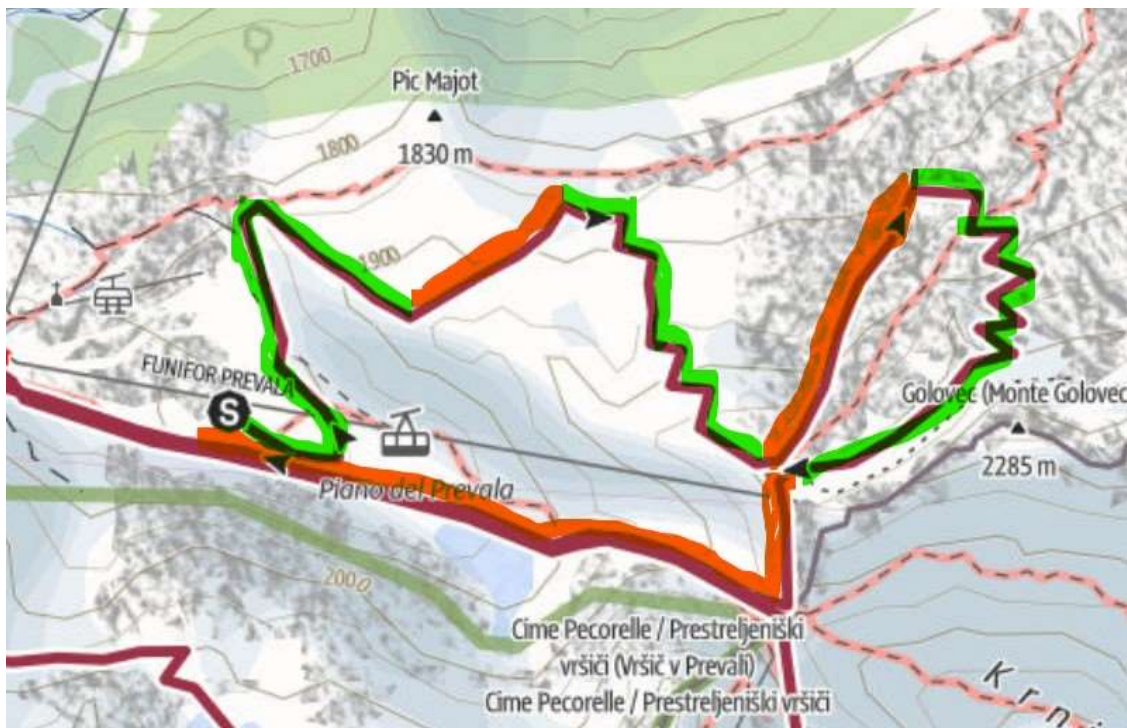
Departure Area

- ▶ Starting area located 400 meters from the Gilberti refuge will follow the blue line
- ▶ Yellow warm-up area (warming-up on the track is prohibited)
- ▶ ARTVA check and entry to the starting grid at 9.45 am pairs race
- ▶ Line start at 10.00 am for the pairs race
- ▶ ARTVA control and entry to the starting grid at 10.05 am individual race
- ▶ Line start at 10.15 am for the individual race



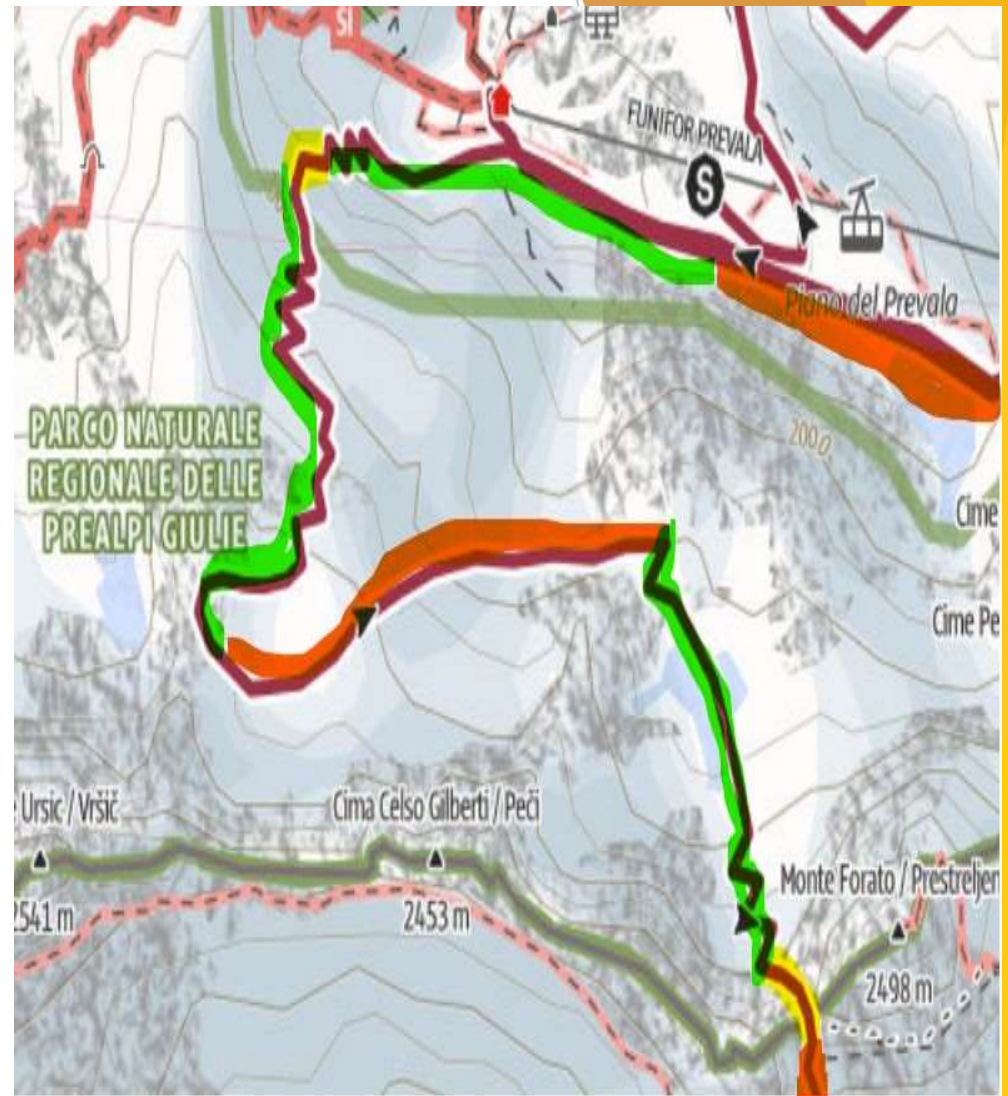
First part of the race

- ▶ After an initial stretch on the edge of the track, you climb the crest for around 150 D+
- ▶ Change of attitude and 1st descent of approximately 50 D-
- ▶ Ascent of 220 D+
- ▶ Change of attitude and 2nd descent of 190 D-
- ▶ Ascent of 220 D+ and 3rd descent of 330 D- until the passage to the starting area from where the 4th ascent towards the Gilberti refuge will begin



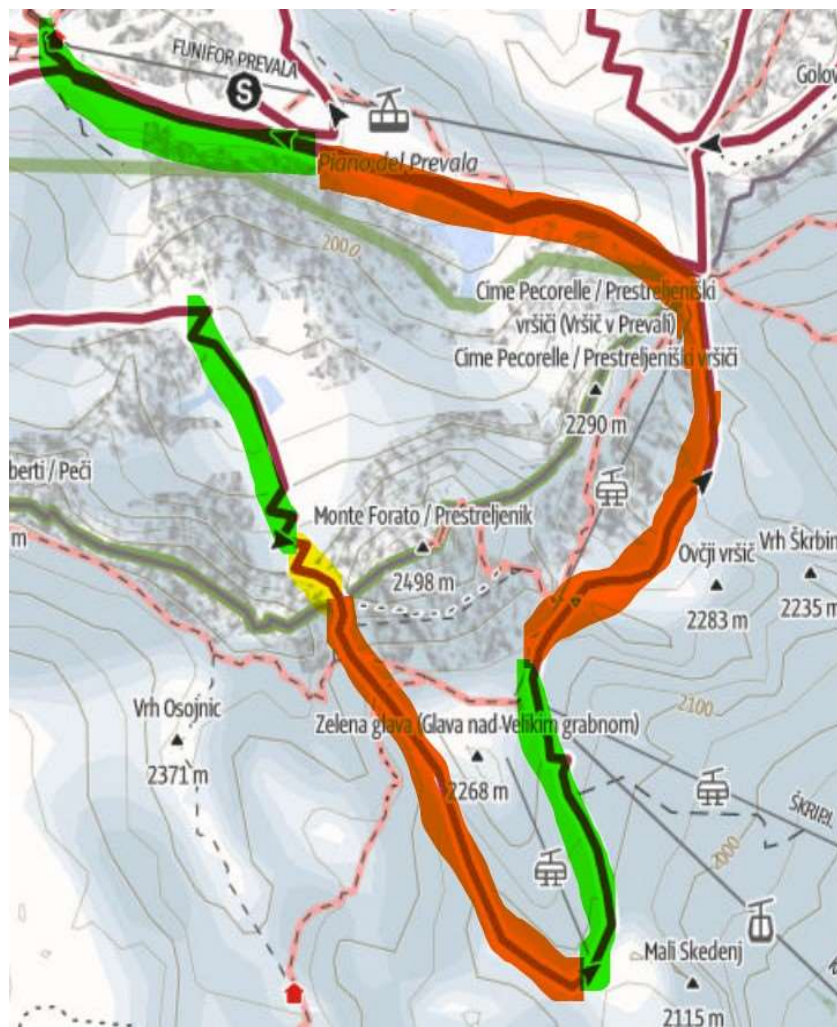
Second part of the journey

- ❖ 4th ascent of 500 D+ from the Prevala basin to Sella Ursic with passage on foot on an equipped section of approximately 50 D+ (harness and via ferrata kit required)
- ❖ Descent from Sella Ursic on a wide gully for 220 D-
- ❖ 5th ascent and crossing of the Monte Forato hole 350 D+ with the last 50 D+ on foot on an equipped section.
- ❖ Once past the hole, change position and descend onto the groove for 350 D-

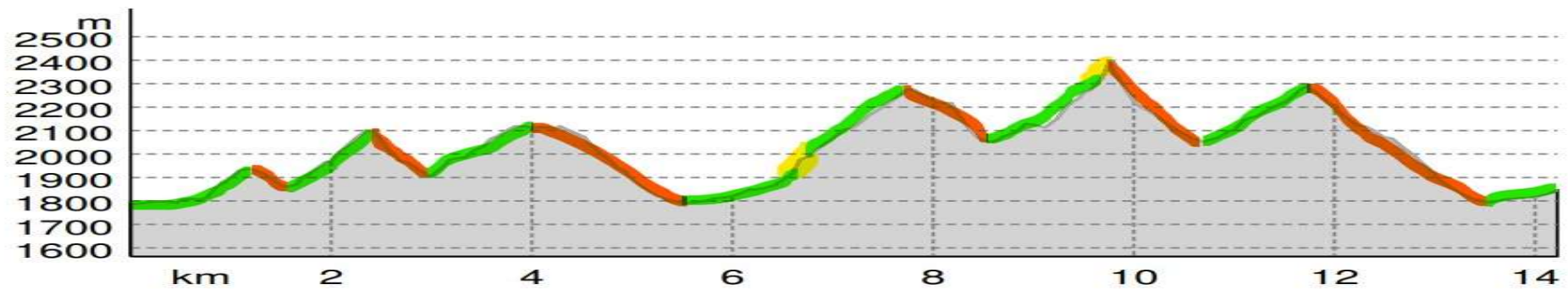


Third part of the race

- ❖ In Slovenian territory, 6th ascent from the old ski lift to the Prevala chairlift at the mountain station for a positive difference in altitude of 250 m
- ❖ Descent on the track for 500D- up to Conca Prevala (starting area) and final set-up change
- ❖ Last climb of 50 D+ until the arrival at the Gilberti refuge for a total of 15 km and 1700 D+



Profilo altimetrico

















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





WEATHER FORECAST Sella Nevea 13 Apr

Comprensorio Sciistico Sella Nevea - Kanin (aggiornamento del 09/04/2023) (Fonte iski.cc)

 Neve al suolo Quota 220cm Valle 15cm
  Qualità Compatta
  Impianti Aperti 4 su 4
  Piste aperte 11 su 12
  Km Piste 10km su 10km

Meteo Giornaliero	Dom 9	Lun 10	Mar 11	Mer 12	Gio 13	Ven 14	Sab 15	Fino al 23
	 0° 5°	 -2° 9°	 -1° 8°	 2° 7°	 -1° 5°	 -4° 5°	 -1° 4°	

3h 1h ECMWF **Confronto previsioni** New Bollettino PDF ▼ Altri dati Meteo

Ora	Tempo	T (°C)	Vento (km/h)	Precipitazioni	Quota 0°C	Tperc	UR%	UV
2	 nubi sparse	-0.7°	 NE 7 / 16 debole	- assenti -	al suolo e a 1270m	-0°	90	0
5	 nubi sparse	-1.6°	 NE 9 / 19 debole	- assenti -	al suolo e a 1200m	-1°	91	0
8	 sereno	0.5°	 NE 15 / 20 moderato	- assenti -	1120m	1°	85	0.7
11	 sereno	4.6°	 NE 13 / 17 moderato	- assenti -	1370m	5°	70	5.5
14	 sereno	8°	 ENE 7 / 10 debole	- assenti -	1700m	8°	62	6.9
17	 sereno	8.7°	 SE 3 / 4 debole	- assenti -	1860m	9°	56	2.3
20	 poco nuvoloso	3.4°	 SSW 5 / 8 debole	- assenti -	1890m	4°	81	0
23	 sereno	1.3°	 SW 8 / 14 debole	- assenti -	1920m	2°	86	0
2	 sereno	-0.4°	 WSW 8 / 18 debole	- assenti -	al suolo e a 1940m	-0°	90	0

DATI SOLARI TOTALI 7178 Wh/mq Impianto 3kW produzione energia 17.2 kWh	PRECIPITAZIONI TOTALI Pioggia: - Neve: -
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MANDATORY FOR EVERYONE

IT IS MANDATORY TO HAVE FUN AND
ENJOY THE SURROUNDING
ENVIRONMENT

The total route includes a length of approximately 15 km and a positive difference in altitude of approximately 1700 m

There will be 16 set-up changes

7 relatively ascents of 150 D+ - 220 D+ - 220 D+ - 500 D+ - 350 D+ - 50 D+

6 descents of 50 D- - 190 D- 330 D- 220 D- - 350 D- 500 D-

The ambulance will park in the square, the doctor will preside over the arrival area, while the AED devices will be located at the start and at the ref. Gilberti